

THE STRENGTH AND FLEXIBILITY OF GYMNASTICS COMBINED WITH  
THE FOCUS AND DISCIPLINE OF MARTIAL ARTS



# GYM RATE

At Gymraté students will have a great time learning gymnastics along with a variety of different Martial Arts. From Kenpo, Tae Kwon Do, Grappling, Aikido, Jiu-Jitsu, Boxing, Kickboxing, and Kung-Fu.

## LEVEL 1:

- > **Mondays**  
4:45-5:45 PM
- > **Tuesdays**  
3:30-4:30 PM  
5:30-6:30 PM
- > **Wednesdays**  
4:00-5:00 PM
- > **Thursdays**  
3:45-4:45 PM
- > **Fridays**  
4:45-5:45 PM

## LEVEL 2:

- > **Mondays**  
4:45-5:45 PM
- > **Tuesdays**  
3:30-4:30 PM  
5:30-6:30 PM
- > **Wednesdays**  
4:00-5:00 PM  
5:00-6:00 PM
- > **Thursdays**  
3:45-4:45 PM
- > **Fridays**  
4:45-5:45 PM

## LEVEL 3:

- > **Mondays**  
5:45-7:15 PM  
7:15-7:45 PM  
(Junior Instructors Only)  
7:30-8:00 PM  
(Black Belts Only)
- > **Tuesdays**  
4:30-5:30 PM
- > **Thursdays**  
4:45-5:45 PM
- > **Fridays**  
5:45-6:45 PM

## SIGN UP FOR A FREE TRIAL

PHONE: **650-400-8287**

EMAIL: [ROB.GYMRATE@GMAIL.COM](mailto:ROB.GYMRATE@GMAIL.COM)

**GYMRATE**

1515 WALSH AVE. SANTA CLARA, CA 95050 USA

## RATES: LEVEL 1, 2 & 3

- > \$50 Annual Registration Fee
- > \$89 1X/Week
- > \$149 2X/Week

**FREE KARATE GI WITH SIGN-UP**

*RATES EFFECTIVE OCTOBER 1, 2019*